

Health and Social Education

Year 7 students will be expected to;

- ◇ Demonstrate an awareness of personal safety
- ◇ Share knowledge and information with peers
- ◇ Demonstrate an awareness of personal hygiene
- ◇ Demonstrate a sense of responsibility and respect for others
- ◇ Develop strategies to deal with increased workload
- ◇ Has empathy for new students
- ◇ Consider issues involved in bullying and tolerance and respect for individual differences
- ◇ Appreciate individual uniqueness and rights
- ◇ Identify the risks to our own health
- ◇ Understand how to keep the body healthy
- ◇ Consider the consequences of one's own actions
- ◇ List the consequences of irresponsible behaviour

Year 8 students will be expected to;

- ◇ Identifies the political impact on health in developing countries
- ◇ Demonstrates a sense of responsibility towards fitness and health
- ◇ Appreciates and understands how to keep a healthy mind and body
- ◇ Develops strategies to manage stress
- ◇ Makes informed choices
- ◇ Understands one's own role in a group
- ◇ Develops skills and strategies to enhance personal development
- ◇ Reflects on friends and friendship
- ◇ Shows an understanding of health issues in different parts of the world

Year 9 students will be expected to;

- ◇ Considers what health education and support services are available within a community
- ◇ Appreciates individual uniqueness and rights regarding relationships and sexuality
- ◇ Considers international health organisation and their role within different countries
- ◇ Considers the attitudes and social norms towards specific issues
- ◇ Explores the reasons behind current global health issues
- ◇ Demonstrates and awareness of consequences of all substance abuse
- ◇ Understands oneself and developing self esteem
- ◇ Considers the cultural and historical attitudes to attractiveness
- ◇ Questions the importance of body image

Year 10 students will be expected to;

- ◇ Reflect and evaluate the effects of one's behaviour
- ◇ Understands the qualities of 'interpersonal intelligence'
- ◇ Discusses and reflects on the medical, psychological, sociological, economic and legal aspects of health
- ◇ Evaluates and makes decisions about health issues and hazards faced by adolescents
- ◇ Analyses the positive and negative influences on today's adolescents
- ◇ Examines how aid and medicine impacts on different countries
- ◇ Analyses the influences on decision making
- ◇ Identifies how the social/political aspects within a country affect the health of its population
- ◇ Reflects on the complex nature of relationship.